

Training Men to Disciple Men Struggling with Internet Porn

By Deepak Reju

Recognizing that the problem of Internet porn is pervasive among single and married men, we want to start a training class to help with the problem. Here's the game-plan:

- Goal: To help men understand both biblical content and biblical methodology in caring for struggling with internet porn.
- We focus on limited group of men.
- We'll have them do *role-play* counseling. By observing and critiquing one another, we get better and teach one another how to do tackle the problem. The first guy who goes will set an example for everyone who follows. The last guy who goes will have the benefit of watching many others tackle this struggle.
- I'll assign reading to help inform our content on this subject—Russ Moore's new book *Tried and Temptation*; Powlison's two articles; Josh Harris' *Sex is not the Problem; Lust is*.
- Class size: 5 men in training; others would be invited to join an "observation deck." Those who observe will likely be men in the congregation who are discipling someone with the problem and want to learn more of how to deal with this sin issue.
- Possible class formats:
 - First round is done by elder or proto-elders.
 - If we get good attendance in the observation deck, then we each take a group of guys and let the elder types supervise members practicing the 1 on 1 discipling.